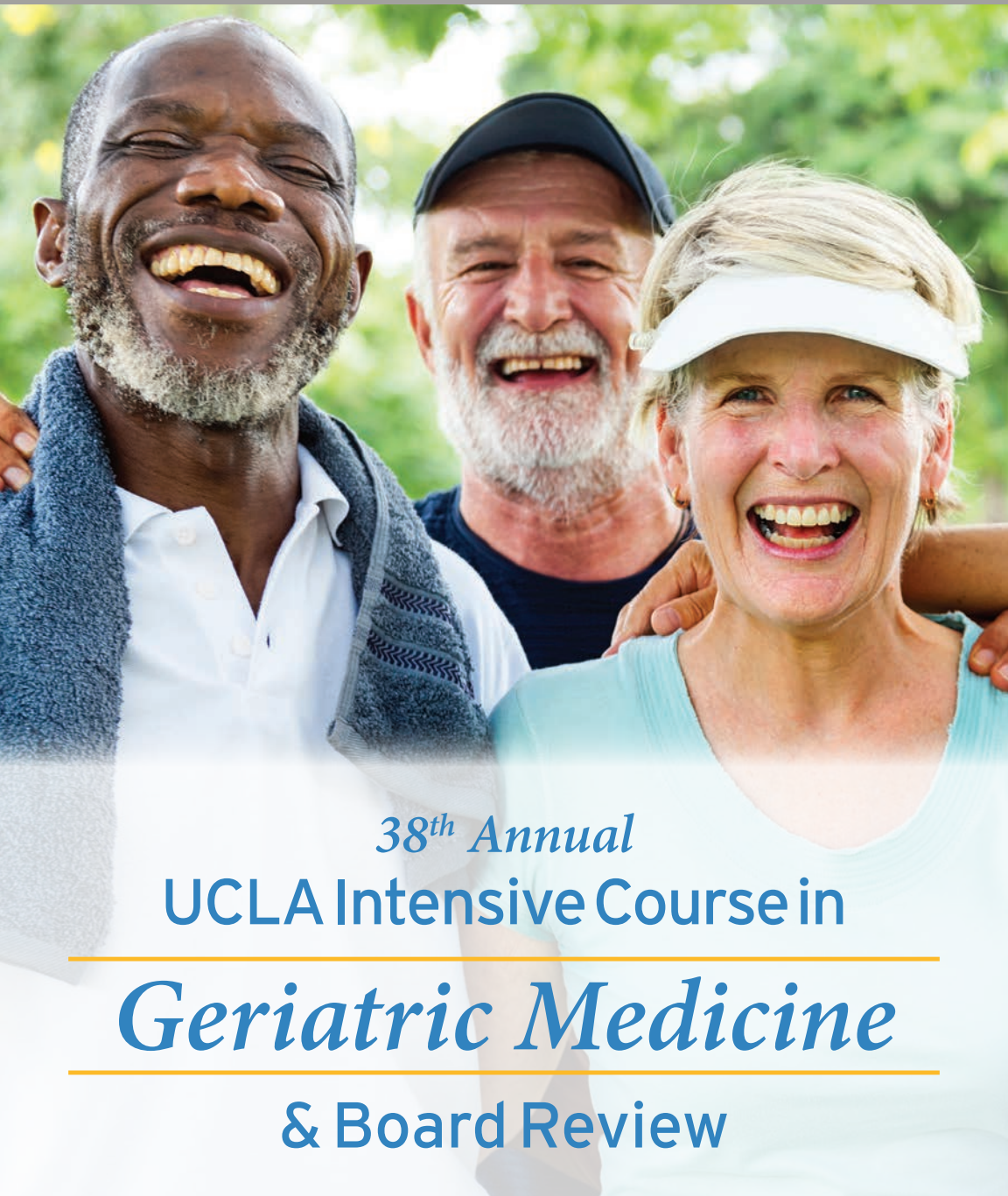


**UCLA**

**David Geffen School of Medicine**



*38<sup>th</sup> Annual*  
**UCLA Intensive Course in**  

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*Geriatric Medicine*  

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**& Board Review**

**September 14-17, 2022**  
*Live Virtual Conference*

**CME** OFFICE OF  
CONTINUING  
MEDICAL  
EDUCATION

DAVID GEFFEN SCHOOL OF MEDICINE at **UCLA**



# COURSE OVERVIEW

For the past 38 years, the UCLA Intensive Course in Geriatric Medicine has been a leader in providing physicians, pharmacists and other health professionals the essential knowledge and skills to care for older patients. The four-day course and board review in geriatric medicine emphasizes an evidence-based, practical and functional approach to the comprehensive care of older adults. The content and structure of the course are well-suited for health professionals who wish to enhance their ability to care for older adults, as well as for physicians who are preparing for the initial certification or re-certification examinations in Geriatric Medicine offered by the American Board of Internal Medicine (ABIM) and the American Board of Family Medicine (ABFM).

The 38th Annual UCLA Intensive Course is presented concurrently with the 2022 Intensive Course in Geriatric Pharmacy and Board Review, and participants may attend sessions in either course.

- Speaker presentations and supplementary materials are provided in a PDF syllabus.
- Over five hours of optional interactive board review sessions are offered.
- Access to view recorded sessions for 4 weeks post course (not certified for CME credit).

# LEARNING OBJECTIVES

At the conclusion of this course, participants should be able to:

- Apply principles of geriatric assessment, geriatric pharmacology, rehabilitation, and long-term care to the patient care setting
- Discuss key aspects of neurology, cardiology, psychiatry, urology, hematology, gastroenterology, nephrology, endocrinology, pharmacology, and rheumatology as they apply to older patients
- Identify psychosocial problems related to aging and formulate an approach to these problems
- Recognize the major geriatric syndromes such as dementia, delirium, incontinence, pain management, osteoporosis, and explain the appropriate geriatric medicine approaches to them
- Create individualized medication regimens for medically complex older adults to address appropriate health outcomes

# TARGET AUDIENCE

This program has been designed for geriatricians, internists, primary care and family medicine clinicians, hospitalists and intensivists, pharmacists, and other interested healthcare providers.

## MESSAGE FROM CO-DIRECTORS

The rapid scientific advances in geriatric medicine and recent changes in our health care and health systems that emphasize quality of care over volume makes this the best time to be an expert in the care of older persons. The UCLA Intensive Course in Geriatric Medicine aims to impart health professionals with the requisite knowledge and skills for the competent care of older adults. The course's renowned faculty will cover essential topics in both geriatric primary and specialty care. The course will be held virtually due to the restrictions on large gatherings. However, we promise plenty of interactive opportunities with faculty and peers. We are also offering registrants extended access to the lectures up to 3 weeks after the course.



DAN OSTERWEIL,  
MD, FACP



SUSAN L. CHARETTE, MD

# COURSE CHAIRS



## Course Co-Directors

### **Dan Osterweil, MD, FACP**

Associate Director, UCLA  
Multicampus Program in  
Geriatric Medicine and  
Gerontology  
Clinical Professor of Medicine/  
Geriatric Medicine\*

### **Susan L. Charette, MD**

Health Sciences Clinical Professor  
of Medicine/Geriatric Medicine\*

## Co-Chairs

### **Cathy A. Alessi, MD**

Director, Geriatric Research,  
Education and Clinical Center  
(GRECC) and Chief, Division  
of Geriatrics, VA Greater Los  
Angeles Healthcare System  
Professor of Medicine/Geriatric  
Medicine\*

### **Demetra Antimisiaris, PharmD, BCGP, FASCP**

Director, Frazier Polypharmacy  
& Medication Management  
Program  
Associate Professor, University of  
Louisville School of Medicine

### **Aaron H. Kaufman, MD**

Health Sciences Associate  
Clinical Professor, Department  
of Psychiatry and Biobehavioral  
Sciences\*

### **Sarah Kremen, MD**

Director, Neurobehavior  
Program, Jona Goldrich Center  
for Alzheimer's Disease and  
Memory Disorders  
Department of Neurology  
Cedars-Sinai Medical Center

### **Cathy C. Lee, MD, MS**

Associate Clinical Professor,  
Internal Medicine/Geriatric  
Medicine\*  
Staff Physician, Geriatric  
Research, Education and Clinical  
Center (GRECC), VA Greater  
Los Angeles Healthcare System

\*David Geffen School of Medicine  
at UCLA



## FACULTY

DAVID GEFFEN SCHOOL  
OF MEDICINE AT UCLA

Dixie Aragaki, MD

Barbara M. Bates-Jensen, PhD, RN, FAAN

Yvette M. Bordelon, MD, PhD

Steven Castle, MD

Erin Atkinson Cook, MD

Carolyn J. Crandall, MD, MS

Winnila May Escalante, ANP-C, ANP-BC

Leslie Evertson, DNP, RN, GNP-BC

David A. Ganz, MD, PhD

Kevin Ghassemi, MD

Jason Jalil, MD

Arun S. Karlamangla, MD, PhD

Ja-Hong Kim, MD

Eric Kleerup, MD

Zhaoping Li, MD, PhD

Freny Vaghaiwalla Mody, MD

Arash Naeim, MD

Mitra Nejad, MD

Michelle Panililio, DNP, GNP-BC

Stephanie Pannell, MD, MPH

Antonio M. Pessegueiro, MD

Anjay Rastogi, MD, PhD

Kemi Reeves, GNP-BC

David B. Reuben, MD

Gary Schiller, MD, FACP

Latisha Katie Sharma, MD, FAHA

Ryan Uyan, MD

Tara Vijayan, MD

Karol E. Watson, MD, PhD

Jane E. Weinreb, MD

James Wilson, MD, MS, FACP

Valerie Wong, MD

Angela Yeh, MD



## GUEST FACULTY

Pejman Cohan, MD

Jeffrey L. Cummings, MD, ScD

Deena Goldwater, MD, PhD

Tatyana Gurvich, PharmD, BCGP

Jennifer C. Haley, MD

Arash A. Horizon, MD

Sarah Kremen, MD

Martina Meier, MD

VJ Periyakoil, MD

Zaldy Tan, MD, MPH

Jürgen Unützer, MD, MPH, MA



# PROGRAM SCHEDULE

## WEDNESDAY, SEPTEMBER 14, 2022

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### 7:00 Welcome and Introductions

*Dan Osterweil, MD, FACP and Susan L. Charette, MD*

### GENERAL PRINCIPLES OF AGING

*Moderator: Susan L. Charette, MD*

### 7:10 Physiology of Aging

*Zaldy Tan, MD, MPH*

### 7:45 Resilience: Maximizing Momentum as We Age

*Steven Castle, MD*

### 8:20 Pharmacokinetic Considerations in Older Adults

*Demetra Antimisiaris, PharmD, BCGP, FASCP*

### 8:55 AM Panel Discussion (LIVE)

*Panel: Drs. Tan, Castle, and Antimisiaris*

### 9:10 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

### CONCURRENT SESSIONS A AND B

### 9:25 (Session A) Explicit Criteria and Medication Appropriateness

*Tatyana Gurvich, PharmD, BCGP*

### 9:25 (Session B) Preventative Health Care in the Geriatric Patient: What are We Trying to Prevent?

*Erin Atkinson Cook, MD*

### 10:00 Pulmonary Diseases in Older Persons

*Eric Kleeup, MD*

### 10:35 AM Panel Discussion (LIVE)

*Panel: Drs. Gurvich, Cook, and Kleeup*

### 10:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

### 11:20 David H. Solomon Memorial Award Lecture: The Impact of Unconscious Bias on Care of Older Adults

*VJ Periyakoil, MD*

### 12:05 David H. Solomon Lecture Q&A (LIVE)

*VJ Periyakoil, MD*

### 12:20 Kahoot! Geriatrics Trivia Game (LIVE) (Non-CME)

*Ryan Uyan, MD*

## DAVID H. SOLOMON MEMORIAL LECTURE AWARDEE

### VJ PERIYAKOIL, MD



*Professor of Medicine  
Associate Dean of Research (Geriatrics  
and Palliative Care)  
Founding Director, Stanford Palliative  
Care Education and Training  
Program and the Stanford Hospice  
and Palliative Medicine Fellowship  
Program  
Stanford University School of Medicine*



## FALLS AND MUSCULOSKELETAL

*Moderator: Dan Osterweil, MD, FACP*

### 12:50 Falls: Assessment and Management

*David A. Ganz, MD, PhD*

### 1:25 Geriatric Rehabilitation

*Dixie Aragaki, MD*

### 2:00 Rheumatology Therapeutic Advances: Vasculitis, Gout, and Rheumatoid Arthritis

*Arash A. Horizon, MD*

### 2:35 PM Panel Discussion (LIVE)

*Panel: Drs. Ganz, Aragaki, and Horizon*

### 2:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

### 3:05 Nutrition Throughout the Ages

*Zhaoping Li, MD, PhD*

### 3:40 Type 2 Diabetes Mellitus

*Pejman Cohan, MD*

### 4:15 Geriatric Literature Update: 2022

*Arun S. Karlamangla, MD, PhD*

### 4:50 PM Panel Discussion (LIVE)

*Panel: Drs. Li, Cohan, and Karlamangla*

### 5:05 ADJOURN

“ This is about the 10<sup>th</sup> time I have attended this course and I have always learned something new and have been able to apply it to my Geriatric practice. It also is an excellent preparatory step in getting me ready to take my recertification in Geriatrics. ”

—2019 Attendee

## THURSDAY, SEPTEMBER 15, 2022

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### 6:30 VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)

#### MEDICAL ISSUES IN OLDER PATIENTS, PART 1

*Moderator: Susan L. Charette, MD*

### 7:00 Common GI Issues in Older Persons

*Kevin Ghassemi, MD*

### 7:35 Prostate Disease

*Stephanie Pannell, MD, MPH*

### 8:10 Urinary Incontinence

*Ja-Hong Kim, MD*

### 8:45 AM Panel Discussion (LIVE)

*Panel: Drs. Ghassemi, Pannell, and Kim*

### 9:00 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)



**9:15 Endocrine Disorders in Older Persons**

*Jane E. Weinreb, MD*

**9:50 Geriatric Dermatology**

*Jennifer C. Haley, MD*

**10:25 Chronic Kidney Diseases**

*James Wilson, MD, MS, FACP*

**11:00 AM Panel Discussion (LIVE)**

*Panel: Drs. Weinreb, Haley, and Wilson*

**11:15 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**

**CARDIOVASCULAR CONDITIONS**

*Moderator: Dan Osterweil, MD, FACP*

**11:45 Hypertension in Older Adults**

*Anjay Rastogi, MD, PhD*

**12:20 Atrial Fibrillation**

*Karol E. Watson, MD, PhD*

**12:55 Update in the Management of Heart Failure**

*Freny Vaghaiwalla Mody, MD*

**1:30 PM Panel Discussion (LIVE)**

*Panel: Drs. Rastogi, Watson, and Mody*

**1:45 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**

**2:00 Perioperative Assessment in the Older Patient**

*Antonio M. Pessegueiro, MD*

**2:35 Geriatric Cardiology: Approach to Cardiovascular Disease Management in Relation to Aging**

*Deena Goldwater, MD, PhD*

**DRS. DAN AND ERNA OSTERWEIL  
AWARD FOR INNOVATION IN GERIATRIC MEDICINE**

THIS AWARD IS DESIGNED TO RECOGNIZE UCLA FACULTY OR STAFF FOR INNOVATION.

**AWARDEES:**



**LESLIE EVERTSON**  
DNP, RN, GNP-BC



**WINNILA MAY  
ESCALANTE**  
ANP-C, ANP-BC



**MICHELLE  
PANILILIO**  
DNP, GNP-BC



**KEMI REEVES**  
GNP-BC

\*Dementia Care Specialists, UCLA Alzheimer's and Dementia Care Program



- 3:10 PM Panel Discussion (LIVE)**  
*Panel: Drs. Pessegueiro and Goldwater*
- 3:25 Dan and Erna Osterweil Awardee Lecture: Innovations in Geriatric Care**  
*Leslie Evertson, DNP, RN, GNP-BC, Michelle Panililio, DNP, GNP-BC, Kemi Reeves, GNP-BC, and Winnila May Escalante, ANP-C, ANP-BC*
- 3:55 Dan and Erna Osterweil Awardee Lecture Q&A (LIVE)**
- 4:00 Board Review Session A for Physicians (LIVE)**  
*Valerie Wong, MD*
- 5:45 ADJOURN**

## FRIDAY, SEPTEMBER 16, 2022

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- 6:30 VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**  
**MEDICAL ISSUES IN OLDER PATIENTS, PART 2**  
*Moderator: Cathy C. Lee, MD, MS*
- 7:00 Hematologic Disease in the Elderly**  
*Gary Schiller, MD, FACP*
- 7:35 Breast, Lung, and Colon Cancer: Tips for a Longer Life**  
*Arash Naeim, MD*
- 8:10 Palliative Care in the Older Patient**  
*Martina Meier, MD*
- 8:45 AM Panel Discussion (LIVE)**  
*Panel: Drs. Schiller, Naeim, and Meier*
- 9:35 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**
- 9:50 Taking Care of Patients with COVID-19: A Living Document**  
*Tara Vijayan, MD*
- 10:25 Infections in the Older Persons**  
*Tara Vijayan, MD*
- 11:00 Vision Loss in the Elderly**  
*Mitra Nejad, MD*
- 11:35 AM Panel Discussion (LIVE)**  
*Panel: Drs. Vijayan and Nejad*
- 12:10 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**  
**COMMON GERIATRIC ISSUES**  
*Moderator: Cathy A. Alessi, MD*
- 12:40 Geriatric Pain Management**  
*Angela Yeh, MD*



This is one of the best courses I have ever attended: amazing depth and breadth of topics, all helpful to my daily practice of geriatric medicine.



— 2019 Attendee



# PROGRAM SCHEDULE

- 1:15 Osteoporosis: An Overview**  
*Carolyn J. Crandall, MD, MS*
- 1:50 Assessing and Managing Pressure Ulcers**  
*Barbara Bates-Jensen, PhD, RN, FAAN*
- 2:35 PM Panel Discussion (LIVE)**  
*Panel: Drs. Yeh, Crandall, and Bates-Jensen*
- 2:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**
- 3:10 Clinical Pharmacy Pearls**  
*Demetra Antimisiaris, PharmD, BCGP, FASCP*
- 3:45 Gaining Clarity About Confusion: Sorting Out Impaired Cognition with Selected Cases**  
*David B. Reuben, MD*
- 4:20 PM Panel Discussion (LIVE)**  
*Panel: Drs. Antimisiaris and Reuben*
- 4:55 Board Review Session B for Physicians (LIVE)**  
*Cathy C. Lee, MD, MS*
- 6:40 ADJOURN**

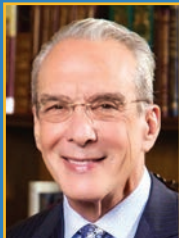
## SATURDAY, SEPTEMBER 17, 2022

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- 6:30 VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**
- GERIATRIC NEUROLOGY/PSYCHIATRY I**  
*Moderator: Aaron H. Kaufman, MD*
- 7:00 The Spectrum of Cognitive Dysfunction**  
*David B. Reuben, MD*
- 7:35 Pharmacological Treatment Across Dementia Syndromes**  
*Sarah Kremen, MD*
- 8:10 Psychiatric and Behavioral Symptoms in Alzheimer's and Other Dementias**  
*Aaron H. Kaufman, MD*
- 9:20 AM Panel Discussion (LIVE)**  
*Panel: Drs. Reuben, Kremen, and Kaufman*
- 9:35 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**

**ARTHUR C. CHERKIN**  
MEMORIAL LECTURE AWARDEE

**JEFFREY L. CUMMINGS, MD, SCD**



*Joy Chambers-Grundy Professor of  
Brain Science  
Vice Chair for Research  
Director of the Chambers-Gundy  
Center for Transformative Neuroscience  
Department of Brain Health, School of  
Integrated Health Sciences  
University of Nevada Las Vegas (UNLV)*





**9:50 Arthur C. Cherkin Memorial Award Lecture: Alzheimer's Disease: Drug Development and the Changing Therapeutic Landscape**

*Jeffrey L. Cummings, MD, ScD*

**10:35 Arthur C. Cherkin Lecture Q&A (LIVE)**

*Jeffrey L. Cummings, MD, ScD*

## **GERIATRIC NEUROLOGY/PSYCHIATRY II**

*Moderator: Aaron H. Kaufman, MD*

**10:50 Treatment of Parkinson's Disease in the Geriatric Population**

*Yvette M. Bordelon, MD, PhD*

**11:25 Ischemic Stroke: Treatment and Prevention**

*Latisha Katie Sharma, MD, FAHA*

**12:00 Anxiety Disorders in the Elderly**

*Jason Jalil, MD*

**12:35 PM Panel Discussion (LIVE)**

*Panel: Drs. Bordelon, Sharma, and Jalil*

**12:50 BREAK/VISIT VIRTUAL EXHIBITOR ROOM (Non-CME)**

**1:20 Advances in Treatment and Management of Late-Life Depression**

*Jurgen Unützer, MD, MPH, MA*

**1:55 Sleep Problems in Older People**

*Cathy A. Alessi, MD*

**2:30 PM Panel Discussion (LIVE)**

*Panel: Drs. Unützer and Alessi*

**2:45 Closing Remarks**

*Dan Osterweil, MD, FACP and Susan L. Charette, MD*

**2:55 Board Review C for Physicians (LIVE)**

*Sarah Kremen, MD*

**4:40 COURSE ADJOURN**



## **WHAT IS THE BOARD REVIEW?**

- Over 5 hours of interactive board review sessions moderated by UCLA faculty
- Over 100 multiple-choice, case-based questions with answers explained by expert faculty geriatricians
- Audience response system allows you to assess your preparation for the Geriatric Board Examinations

# ENROLLMENT

## By Mail

Use the form attached. Mail to the **UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Annual UCLA Intensive Course in Geriatric Medicine and Board Review**, 10920 Wilshire Blvd., Ste. 1060, Los Angeles, CA 90024-6512

## By Phone - (310) 794-2620

Use your American Express, MasterCard, VISA or Discover card.

## Online

Go to [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses), and click on **38<sup>th</sup> Annual UCLA Intensive Course in Geriatric Medicine and Board Review**. You may use your MasterCard, VISA, American Express or Discover card to register online.

## By Fax - (310) 794-2624

Send the completed enrollment form with credit card information and authorizing signature.

# REGISTRATION FEES

- \$1,150 Physicians
- \$1,025 AGS Members
- \$950 Pharmacists
- \$850 ASCP Members
- \$850 All other allied health professionals
- \$675 Indian Health Services (*proof of employment required at time of registration*)

*\*Limited scholarships are available for clinicians in underserved areas. For more information, please contact the UCLA Geriatrics Department at 310-825-8253 and reference the "Intensive Course in Geriatrics scholarship."*

## REFUNDS

Cancellations must be received in writing by Wednesday, September 7, 2022 and are subject to a \$75 processing fee. No refunds will be granted after that date. If, for any reason, the course must be cancelled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

# ACCREDITATION

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 32 (*plus 5.25 for all board review sessions*) **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

## DISCLOSURE STATEMENT

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.

# MAIL-IN REGISTRATION FORM



## 38<sup>TH</sup> ANNUAL UCLA INTENSIVE COURSE IN GERIATRIC MEDICINE & BOARD REVIEW

September 14-17, 2022

Course Number: M223-1

38 <sup>th</sup> Annual UCLA Intensive Course in Geriatric Medicine & Board Review	Registration Fee
\$1,150 Physicians	
\$1,025 AGS Members	
\$950 Pharmacists	
\$850 ASCP Members	
\$850 All other allied health professionals	
\$675 Indian Health Services ( <i>proof of employment required at time of registration</i> )	

\*Limited scholarships are available for clinicians in underserved areas. For more information, please contact the UCLA Geriatrics Department at 310-825-8253 and reference the "Intensive Course in Geriatrics scholarship."

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Office of Continuing Medical Education  
David Geffen School of Medicine at UCLA  
UCLA Intensive Course in Geriatric Medicine & Board Review  
10920 Wilshire Blvd., Suite 1060  
Los Angeles, CA 90024-6512

To register online, visit [www.cme.ucla.edu/courses](http://www.cme.ucla.edu/courses)

UCLA OFFICE OF CONTINUING MEDICAL EDUCATION

David Geffen School of Medicine at UCLA

405 Hilgard Avenue MC29

Los Angeles, CA 90095-6938

*38<sup>TH</sup> Annual*

UCLA Intensive Course in

*Geriatric Medicine*  
& Board Review

September 14-17, 2022

*Live Virtual Conference*



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**PAID**

UNIVERSITY OF CALIFORNIA,  
LOS ANGELES